



David's Prayers *Psalm 22, 69 & 86*

- ❑ Choose one of the Psalms listed above.
- ❑ Write a short summary of the Psalm in the form of a prayer
 - ❖ The following slides contain an example using Psalm 22
 - ❖ The summary (prayer text) appears in the headers.
 - ❖ The accompanying scriptures have been included for reference
- ❑ When you read the summary text without interruption, it should flow somewhat like a prayer.

God, Though You Seem Distant...

Psalm 22:1-2

¹My God, My God, why have You forsaken Me? Why are You so far from helping Me, And from the words of My groaning? ²O My God, I cry in the daytime, but You do not hear; And in the night season, and am not silent.

3

You are a Holy and Trustworthy Deliver Enthroned in Praise

Psalm 22:3-5

³But You are holy, Enthroned in the praises of Israel. ⁴Our fathers trusted in You; They trusted, and You delivered them. ⁵They cried to You, and were delivered; They trusted in You, and were not ashamed.

4

Though I Suffer Ridicule For Relying on You...

Psalm 22:6-8

⁶But I am a worm, and no man; A reproach of men, and despised by the people. ⁷All those who see Me ridicule Me; They shoot out the lip, they shake the head, saying, ⁸"He trusted in the Lord, let Him rescue Him; Let Him deliver Him, since He delights in Him!"

5

I Have Ever Trusted in You - My God

Psalm 22:9-10

⁹But You are He who took Me out of the womb; You made Me trust while on My mother's breasts. ¹⁰I was cast upon You from birth. From My mother's womb You have been My God.

6

Lord, I Need Your Presence

Psalm 22:11

¹¹Be not far from Me, For trouble is near; For there is none to help.



7

My Enemies Surround Me Like Wild Beasts Cornering Their Prey

Psalm 22:12-13

¹²Many bulls have surrounded Me; Strong bulls of Bashan have encircled Me. ¹³They gape at Me with their mouths, Like a raging and roaring lion.



8

My Vigor and Morale are Abated by Your Silence

Psalm 22:14-15

¹⁴I am poured out like water, And all My bones are out of joint; My heart is like wax; It has melted within Me.

¹⁵My strength is dried up like a potsherd, And My tongue clings to My jaws; You have brought Me to the dust of death.

9

The Wicked Team Against Me and Selfishly Exploit Me

Psalm 22:16-18

¹⁶For dogs have surrounded Me; The congregation of the wicked has enclosed Me. They pierced My hands and My feet; ¹⁷I can count all My bones. They look and stare at Me.

¹⁸They divide My garments among them, And for My clothing they cast lots.

10

*Draw Near Once More, O Lord, to
be My Strength and Salvation*

Psalm 22:19-21 (a)

¹⁹But You, O Lord, do not be far from Me; O My Strength, hasten to help Me! ²⁰Deliver Me from the sword, My precious life from the power of the dog. ²¹Save Me from the lion's mouth And from the horns of the wild oxen!...

11

*Because You Answer Me, I
Will Openly Praise You*

Psalm 22:21 (b)-22

...You have answered Me. ²²I will declare Your name to My brethren; In the midst of the assembly I will praise You.

12

*All Who Are Called by His Name -
Praise and Glorify Him*

Psalm 22:23

²³You who fear the Lord, praise Him!
All you descendants of Jacob, glorify
Him, And fear Him, all you offspring
of Israel!



13

*Praise God Who Hears Our
Cries and Has Compassion*

Psalm 22:24

²⁴For He has not despised nor
abhorred the affliction of the afflicted;
Nor has He hidden His face from
Him; But when He cried to Him, He
heard.



14

*Because of Who You Are, O Lord, I
Will Not Forsake My Obligation to
Praise You Publicly*

Psalm 22:25

²⁵My praise shall be of You in the
great assembly; I will pay My vows
before those who fear Him.



15

*You Who Are Poor in Spirit,
Seek the Lord and Find
Everlasting Contentment*

Psalm 22:26

²⁶The poor shall eat and be satisfied;
Those who seek Him will praise the
Lord. Let your heart live forever!



16

*As is Fitting, Let all Peoples
and Nations Worship You. For
Yours is the Kingdom, the
Power and the Glory!*

Psalm 22:27-28

²⁷All the ends of the world Shall
remember and turn to the Lord, And all
the families of the nations Shall worship
before You. ²⁸For the kingdom is the
Lord's, And He rules over the nations.

17

*Let Every Class of People
Worship Our God*

Psalm 22:29

²⁹All the prosperous of the earth Shall
eat and worship; All those who go
down to the dust Shall bow before
Him, Even he who cannot keep
himself alive.

18

*Generation Upon Generation Shall
Recount His Mighty Works*

Psalm 22:30-31

³⁰A posterity shall serve Him. It will be recounted of the Lord to the next generation, ³¹They will come and declare His righteousness to a people who will be born, That He has done this.

19

Amen

20